

# POWERFLEX®

**PART NUMBER**  
**PFR3-208**

**DESCRIPTION**  
**REAR UPPER ARM OUTER BUSH**

## INSTALLATION GUIDE

### Contents (parts per pack):

- 2 x PFR3-208A Polyurethane Bushes    1 x PTFE Grease Sachet
- 2 x PFR3-208B Polyurethane Bushes    2 x Zinc Plated Mild Steel Washers
- 2 x Stainless Steel Sleeves

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.



### Fitting Instructions

1. Remove the suspension arm from the vehicle and press/cut out the original bush from the arm.
2. Clean off any dirt and corrosion, and use a rounded file to remove any sharp edges from the vacant hole.
3. Insert the PFR3-208A and PFR3-208B bushes fully into the arm until flush, positioned as shown in Fig 1. The 'A' Bush with the thicker top hat is inserted into the knuckle/upright rear side. The 'B' Bush with the thinner top hat, is inserted from the opposing front side.
4. Apply some of the supplied grease to the bore of the bushes and insert the Stainless-Steel Sleeve, pushing it until it sits flush with each end of the bush.
5. Refit the arm to the vehicle, bolting up the subframe side first.
6. Place the supplied washer between the end face of the 'A' Bush and the knuckle/upright and bolt together using the original bolt and washer, tightening to the manufacturer's recommended torque settings.
7. Check alignment, adjusting if necessary and road test.



**FRONT OF CAR**

