

POWERFLEX®

PART NUMBER
PFF57-704

DESCRIPTION
FRONT UPPER ARM BUSH

INSTALLATION GUIDE

Contents (parts per pack):

- 4 x Polyurethane Bushes 1 x PTFE/Silicone Grease
- 4 x Stainless Steel Sleeves 2 x Zinc Plated Mild Steel Small Washers
- 4 x Zinc Plated Mild Steel Large Washers

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

Fitting Instructions:

1. Remove the front upper arm from the car and undo the nuts and outer washers on the arm.
2. Remove the original rubber bush (Bush 1) that is the furthest away from the inner washer, as shown in Figure 1.
3. Remove the stud on the pivot shaft, furthest away from the inner washer. This allows the shaft to slide down to one side of the arm and separate it from the arm, as shown in Figure 2.
4. Take out the other original rubber bush (Bush 2) and clean any dirt and corrosion from the surface of the inner bores (Figure 2).
5. Use the supplied thicker inner washer to replace the original inner washer and put the pivot shaft back in the arm. Insert the stainless steel sleeves, as shown in Figure 3.
6. Apply some of the supplied grease into the inner surface of the polyurethane bush and insert the bush into the arm bore, as shown in Figure 4.
7. Fit back stud on the shaft and use the supplied outer washers and use the original nuts to secure the bushes and shaft back to the arm (Figure 4).
8. Refit the arm back to the vehicle and tension all hardware to manufacturers recommended torque settings.

