

# POWERFLEX®

**PART NUMBER**  
**PFF36-103**

**DESCRIPTION**  
**FRONT UPPER WISHBONE BUSH**

## INSTALLATION GUIDE

### Contents (parts per pack):

4 x Polyurethane Bushes      1 x Grease  
4 x Nylon Washers              4 x Aluminium Sleeves

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.



### Fitting Instructions:

1. Remove the original bushes from the arm but keep the original metal washer.
2. Clean any dirt and corrosion from the bore.
3. Push the polyurethane bush into the bore. Ensure the lip of the bush faces outwards - as shown in Figure 1.
4. Apply the supplied grease into the bore and insert the metal sleeve.
5. Fit the supplied Nylon washer between the polyurethane bush and the inside of the arm (Figure 1).
6. Fit the original metal washer from the outside of the arm (Figure 1).
7. Fit the arm back to the car.
8. Tension all hardware to manufacturers recommended torque settings.

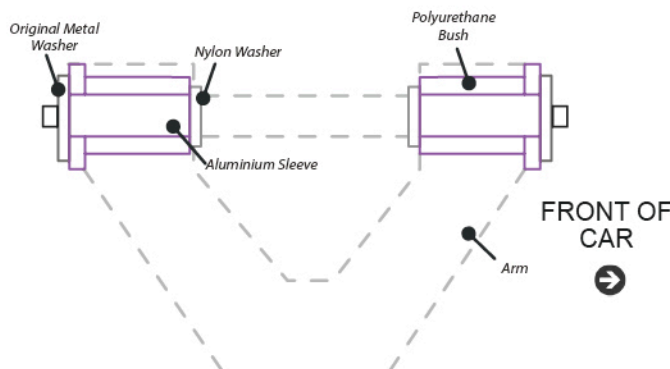


Figure 1 - plan view of the arm showing the correct position of the polyurethane bushes



Figure 2 - exploded isometric view of how the bush will be constructed